

A Baby Guide to Calgary

Making the Most of Your Parental Leave

DIAPER BAG CHECKLIST

Item	Quantity
Baby Guide to Calgary	1
Diapers	4 per child
Wipes/cloths	10 per child
Diaper cream	1
Plastic bags	4
Change pad	1
Set of clothes	2 per child
Receiving blanket	2
Facial tissues	Pack
Hand sanitizer	1
Hat and gloves	1
Medication	?
Pacifier	1
Snack for baby	1
Snack for mom	1
Toys	2
Disposable camera	1
Bottle of water	1
Clean shirt for parent	1
Breast pads	2
Nursing apron/blanket	1